

# Saltire Sentinel

The Newsletter of the St. Andrew's Society of Richmond, Inc.

## Calendar

**Mar. 10 -- St. Andrew's Society of Richmond, Inc. Meeting at 7N concert.** **Seven Nations** and **Mary Smith** will be playing at Clover Hill High School, 13900 Hull St. Rd. Tickets are also available through Plan 9 Records, phone 320-5409. Beverly Cochrane also has a limited number of tickets; contact her at Beverly987@aol.com. Here is a phone number for more information 804-739-6230. \$10 per ticket; 7 pm-- (doors open at 6 pm)



**Mar.13 -- St. Patrick's Day celebration at the Farmer's Market.** Admission is free.

**Mar. 13 -- City of Roanoke Celtic Festival**  
Time: 11:00am - 4:00pm EST (GMT-05:00) Downtown Roanoke at First Union Plaza, Roanoke, Virginia. The Celtic Festival will throb with soulful music and dance. A highlight of the festival is a massed-band performance of all the bagpipe bands participating in the parade. Admission is free, but donations will be accepted. At the festival, shoppers will enjoy browsing several specialty vendors, whose merchandise includes a variety of Celtic items from jewelry to CD's, tartans and kilts. Food and beverage vendors will also be on hand. Visit the Budweiser Station featuring Michelob Amber Boch. Coffee and soft drinks available throughout the festival. Free Admission Parade at noon. (540) 342-2640  
[http://roanokespecialevents.org/Resources/St\\_Patty/Fest\\_Sched.htm](http://roanokespecialevents.org/Resources/St_Patty/Fest_Sched.htm)  
E-Mail: [amy@roanokefestival.org](mailto:amy@roanokefestival.org)

**Mar. 17 – Lenahan at Mulligans** in fashionable Mechanicsville on St. Patrick's Day. Come hear this fantastic Celtic Rock Band complete with pipes and possibly dancers to play a St. Patty's gig. The show is FREE and starts at 9:30. If you have any questions, contact Tom Blanton - either by phone 225-0429 or his e-mail [buggles@mindspring.com](mailto:buggles@mindspring.com)

**Mar. 27 -- A family day in the park** 10am – 5pm; **Ettrick Park**. Presented by Ettrick Historical Society, Ettrick-Matoaca Volunteer Rescue Squad and the St. Andrew's Society of Richmond. **The St. Andrew's Society will have a tent there.** Rescue Squad will have yummy food. There will be several Scottish vendors, Educational displays; Lacy's Border Collies; Chesterfield County Police will have a display; vintage vehicles including military; American Legion and Ladies' Auxillary; music, horses, carriage rides, cultural displays, amateur athletics, re-enactors, Native Americans and the St. Andrew's Legion Pipes and Drums. Still short on Clan participation and we still need a few volunteers to help on Saturday morning. We ask that everyone please spread the word. Call Jeff Anderson, 804-526-8367 with questions, registration, wish to volunteer or in need of directions.

**Apr. 14 —St. Andrew's Society of Richmond, Inc. Business Meeting at the Church of the Holy Comforter** (Episcopal), 4819 Monument Ave., Richmond VA 23230-3615, which is at the corner of Staples Mill Rd. Their website is [www.hoco.org](http://www.hoco.org) and their phone number is 804-355-3251. The meeting will be at the usual time-6:30 ish for socializing and 7:00 ish for meeting. We will have our usual **Celtic Buffet**, so please bring soft drinks, munchies or dessert if you would like.

## Sons of Scotland

The Sons of Scotland are planning their (first) Annual Group Ride to the Outer Banks April 10-11. We will be attending the Outer Banks Bike Weekend.

Anyone of Scottish descent, who also rides a motorcycle, is eligible for membership and would be welcome to join us for the weekend. Membership initiation rituals will be held at this event for several new members. Anyone interested in joining the Sons can contact me at [scottishbiker@hotmail.com](mailto:scottishbiker@hotmail.com).

-- submitted by **John Scott**

## Southern Maryland Celtic Festival April 24

The Celtic Society of Southern Maryland, Inc is holding a Festival on April 24, 2004 10am -6pm with an evening Ceilidh at 7pm at Jefferson Patterson Park and Museum.

Events and attractions include: Genealogy Seminars, Celtic Market place, Celtic and Regional foods, Craft Demonstrations, Live Performances on 3 covered stages all day long, children's highland games, storytelling. There will be free shuttle buses from parking to festival. The evening Ceilidh is at an off-site location. The Societies web page is <http://www.cssm.org>

-- submitted by **Darlene Curtis**

## Robert Burns' Evening in Ettrick a Great Success!

We had 68 people attending. Delicious food and lots of fun! There was no haggis, tipsy laird or Yorkshire pudding left. Or much in the way of beef, cock-a-leekie soup, tatties and neeps as leftovers either. Don't miss out next year!

Clan Haggis will be performing at the local pub in Ettrick, Monday, March 8 and St.

Patrick's Day, Wednesday, March 17; 7pm both nights.

-- submitted by **Jeff Anderson**



## Pub Review: Pints & Pipes "A Wee Bit of Scotland in Williamsburg"

A few weeks ago Analee Evans and I decided to check this place out. The band we've gotten together along with John Robison - "Turf Fire" is booked there in March and April, and we wanted to have a look.

This is a really cool place! It has the look and feel of a Scottish pub, complete with a tartan carpet, without being tacky and "Disneyish". The owner, Jeff, really made us feel welcome. He is active in the St. Andrew's Society in Williamsburg (and is one of the movers and shakers in trying to get them to finally admit women to their organization!) and is also a piper. He has family in Perth, Scotland, and visits them regularly.

They serve a lot of Scottish favorites such as "haggis 'n neeps", sausage roll, "bangers, mash and beans", pan seared salmon, fish and chips (of course), shepherd's pie, etc.

They have Tennants Beer and they even have Irn Bru, Scotland's national soft drink (it's more popular than either Coke or Pepsi in Scotland). It isn't on the menu but if you want to experience "extreme" Scottish cuisine (as in artery clogging cholesterol laden) they will make you a "Chip Butty" which is essentially French fries on a buttered roll - a Scottish favorite. I sampled

one dish that Scotland is famous (or infamous!) for. It is a concoction that sounded so disgusting I never wanted to try it when I was over there. No, not a haggis - a "fried Mars bar". Jeff insisted on bringing me one and it arrived fried in batter and sprinkled with powdered sugar. I reluctantly took a bite - and it was sublime. The chocolate and caramel all melted inside that batter - delicious! And get this - he imports the Mars bars from Scotland. He found that the American Mars bars didn't taste the same when fried! How's that for authenticity.

The fried Mars bar isn't on the menu - you have to ask for it.

The pub is located in Ewell Station Shopping Center, 5601 Richmond Road in Williamsburg. The easiest way to get there is to take 64 and get off on 199, then get on Route 60 (which is Richmond Road) and go three stoplights. It's right after the Prime Outlet Shopping Center. This pub is definitely worth a visit if you're in Williamsburg shopping and it isn't really a very long trip from Richmond. Turf Fire will be performing there March 6th and April 4th (both Saturdays) and we'd love it if folks from St. Andrew's turn up, but it's nice to stop by and support the place any time you're in the area. They have live entertainment on weekends and often it's Celtic. Call (747) 565-2726 to find out the entertainment schedule. They don't have a website yet but one is in the making.

**Needless to say - Gentlemen in kilts are made most welcome!**

--submitted by **Mary Smith**



## Get Well Wishes

One of our members, **Larry Lamm**, is in the hospital (MCV). Please remember him in your prayers



## Video Reviews

### “Chasing the Deer”

Lamancha

This is a Scottish commercial release done on a shoe-string budget.... & it shows. The acting isn't of the very finest but it's a good tale concerning what happens to one particular family during The '45 Rebellion. It touches on the 'civil war' aspect of The Rebellion & that's a good thing. I think you'll enjoy this just because it's so different.

### “Where Eagles Fly”

Glencoe Productions, Ltd.

1. Land of Mountains & Flood/Everlasting Visions
2. My Scotland
3. Palin's Progress
4. Drifting Away
5. Skye High/Sands of Time

The Highlands & Islands like you've never seen them..... from a balloon & helicopter! Always looking down... usually on some maniacs walking sharp mountain spins! Although I own only 5 in this series, there are more. This is a great series, with sometimes 'questionable' music. The views are spectacular. Be careful where you order it from. Some distributors are sending out lousy copies (The Scottish Banner) apparently made from copies, not the master. Try one, and then get the others.

--submitted by **Gordon Duffus**

## A Sampling of Seven Nations – Ireland

When St. Patrick's Day rolls around, it seems there's a wee bit o' the Irish in most of us. Parties, get-togethers, parades, festivals

and such. And of course . . . never to be left out of any of the above . . . the bending of the elbow and raising your glass with a toast – not that a good Scotsman needed an excuse (or toast) mind ya! Included is a selection of toasts and a few recipes to do the toasting with for your St. Paddy's Day merriment!

"May your soul already be in heaven an hour, before the devil knows your dead."

*Sláinte!*

*"To Your Health!"*

*Croi follain agus gob fliuch.*

"A healthy heart and a wet mouth!"

*Slainte go saol agat,  
Bean ar do mhian agat.  
Leanbh gach blian agat,  
is solas na bhflaitheas tareis antsail seo agat.--*

"Health for life to you,  
A wife of your choice to you,  
Land without rent to you,  
A child every year to you,  
And the light of heaven after this world for you."

*Céad Míle Fáilte!*

"One hundred thousand welcomes!"

*Sliocht sleachta ar shliocht bhur sleachta.*

"Blessings on your posterity."

*Fad saol agat.*

"Long life to you."

*Slainte chuig na fir, agus go mairfidh na mna go deo.*

"Health to the men and may the women live forever."

*Go mbeire muid beo ar an am seo arís!*

"May we be alive at this time next year."



### **Creamy Irish Coffee**

6 servings

4 cups strong fresh coffee  
1/4 cup granulated sugar  
1/2 cup Irish whiskey  
1 cup whipping cream  
2 tablespoons granulated sugar  
2 tablespoons Irish whiskey

Place 4 cups of strong fresh coffee in a saucepan with 1/4 cup of sugar, or to taste. Add 1/2 cup Irish Whiskey and heat thoroughly but do not boil. (Scotch, Bourbon or other whiskeys could be used.)

Meanwhile whip whipping cream until light. Beat in 2 tablespoons each of sugar and Irish whiskey.

Pour coffee into mugs or goblets and pipe or spoon flavored cream on top.

### **Frozen Black Irish**

1 serving

1 part coffee Liqueur  
1 part Irish Cream  
1 part vodka  
1 to 2 scoops chocolate ice cream

Mix ingredients in a blender and then add ice. Blend until smooth.

## Irish Mocha Smoothie

1 Shake

1 tray frozen coffee cubes  
3 scoops frozen coffee yogurt  
3 tablespoons chocolate syrup  
1/4 cup Bailey's Irish Cream  
1/2 cup milk

In a blender process six coffee cubes, frozen yogurt, chocolate syrup, Irish Cream and milk until smooth. Serve in a tall glass.

**The following is not a drink but they sounded good enough to!**

## Irish Coffee Liqueur Muffins

2 cups flour  
1 tablespoon baking powder  
1/2 teaspoon salt  
1/2 cup granulated sugar  
1 beaten egg  
1/3 cup melted butter  
1/2 cup heavy cream  
1/4 cup Irish whiskey  
1/4 cup coffee liqueur

Preheat oven to 400 degrees F.

In large mixing bowl, sift the first 4 ingredients together. Stir remaining ingredients, blending until moist. Fill paper-lined muffin tins full. Bake approximately 20 minutes.

-- submitted by **Lisa Deiss**



## Scotland's 1st No-Smoking Pub

A bar in Queen Street Station is to become the first in Scotland since 1987 which will ban smoking on the premises. There has been recent controversy over no-smoking

areas in pubs and restaurants with advocates pointing to the dangers of passive smoking by staff in particular. Smoking is not allowed on train services - which results in smokers lighting up as they wait for trains or immediately after their train arrive at the platform. So the ban in the Hogshead bar in the station is a surprising move. The manager of pub says that it will be a "challenge" to make it a success.

The Pizza Hut restaurant chain introduced a ban on smoking in their restaurants three months ago.

-- submitted by **John Burton**, from the **Rampant Scotland Newsletter** - Issue Number 358, dated 21 February 2004



## Poet of Scotland

Edwin Morgan, who has already been appointed poet laureate of Glasgow and is one of Scotland's greatest living writers, was recognised this week by Jack McConnell, the First Minister, as the "official poet of Scotland". But Morgan is never averse to speaking his mind and he was immediately at odds with his official title of "Scots Makar" (an old Scots word from the 15th century for a maker of poetry). He said the term was old-fashioned and out-dated and he much preferred to be known as the national poet of Scotland. Morgan, who is now aged 83, received the honour from the First Minister at a nursing home in Bearsden, near Glasgow, where he has been living for the past four months. Unlike the UK poet laureate, who is required to write poems for national occasions, there are no formal requirements for the post. But Morgan says that if something remarkable happens, he will try to write a poem about it.

-- submitted by **John Burton**, from the **Rampant Scotland Newsletter** - Issue Number 358, dated 21 February 2004



## **Fires Light Again for Pagan Festival in Edinburgh**

The Beltane Fire Festival, which ran on the night of 30 April for 15 years on Calton Hill in Edinburgh to herald the arrival of spring, was cancelled last year because the cost of a public entertainment licence, insisted upon by Edinburgh City Council plus meeting health and safety requirements became too expensive for organisers of the free event. 15,000 people had attended the festival in 2002 but there had been complaints that it had caused too much noise and went on too long. Now agreement has been reached between the organisers and the Council which will see numbers limited to 12,000 with controlled access. Revellers will be charged between £2 and £4 to cover the costs which will include stewards to ensure crowd safety and cleaning up Calton Hill by 9am on 1 May. The colourful and noisy Beltane Fire Festival takes the form of a procession snaking round the hill between points entitled fire, air, earth and water.

--submitted by **John Burton**, from the **Rampant Scotland Newsletter** - Issue Number 358, dated 21 February 2004, your weekly insight into what has been happening in Scotland, snipped from the Scottish media - plus some elements of Scottish culture. A Web version of this Newsletter, with some graphics and newspaper-style layout is available at <http://www.RampantScotland.com/letter.htm> If you would like to receive your own free copy direct from Scotland, just send an email to [Scottie@RampantScotland.com](mailto:Scottie@RampantScotland.com) with "Subscribe" in the subject line.

## **Scottish football & rugby games screened on American TV**

Members of the St. Andrew's Society in Vancouver (we don't have a website yet) and the Tartan Army group here recently joined forces with a view to having a permanent home in the Scottish Cultural Centre (<http://www.sfu.ca/~scotsbib/index.htm>). We got together because of a love of all things Scottish and we enjoy watching our National football team play - despite link to some recent results. We also think it is good to keep the younger generation interested and hope to use it for social events, community help, immigration assistance and business links (see our TA website [www.embark.to/vata](http://www.embark.to/vata)).

Part of our arrangement is to try and get Scotland football & rugby games screened over in America but at the moment this has been difficult due to 'lack of demand'. I'm sure there is demand but maybe not the organization yet. So I am contacting other St. Andrew's societies to encourage support and see if the interest is there. There's no doubt watching the national team play with all the saltires and lion rampant flags flying raises the spirits - at least until the final whistle! I would appreciate it if you can let me know if you think you can help. There are many clubs that already show football/soccer games all over America so if Scots can organize themselves into a wee group at these venues and contact the satellite supplier ([www.setanta.com](http://www.setanta.com)) I'm sure we can all reap the benefits. Look forward to hearing back from you,

--submitted by **Graham MacNicol**  
Clan MacNicol (Scorra Bhreac)

## **Contributions?**

Please send any articles, music/book reviews or information on upcoming events (of a Celtic nature) to [geipel@geipel.info](mailto:geipel@geipel.info) by the end of March. Thank you!